

Haringey CCG Network Meeting
Wednesday, 4 October 2017
3-5pm Winkfield Resource Centre
33 Winkfield Road, Wood Green, London N22 5RP

Meeting Notes

Attendees: Cathy Herman (Lay member, Haringey CCG), Cassie Williams (Assistant Director of Primary Care, Haringey CCG), Geoffrey Ocen (Chief Executive, Bridge Renewal Trust), Catherine Swaile (Children's Commissioning Manager, Haringey CCG), Isha Richards (Senior Communications Officer, Haringey CCG), Emer Delaney (Head of Communications, Haringey CCG), Tony Hoolaghan (Chief Operating Officer, Haringey and Islington CCGs), Fuad Buraimoh (Service Manager, CHOICES), Mike Wilson (Public Voice/Healthwatch), Lesley Walmsley (CCG Patient Rep), Helena Kania (PPG West), Viv Sharma (CCG Patient Rep), Peter Richards (CCG Patient rep), Bola Aworinde (Erada UK), Graham Day (PBUT PDRG), Alem Gebrehiwot (Embrace UK), John Murray (Different Strokes), Tony Boyee (Different Strokes), Dave Forrest (MIND Haringey), Seema Chandwani (Selby Trust), Patrick Morreau (Haynes Trust), Ricardo Johnson (Rockstone Foundation), Subodh Rathod (Wise Thoughts), Esther Myerson (PPG Central), Lauritz Hansen-Bay (Haringey Over 50s), Ruth Johnson (PPG) and Ivy Ansell (PPG North East), Sona Mahtani (Selby Trust), Rev. Gita Bond (Christ Church West Green), Marina Comandulli (Latin American Women's Rights Service), Adam Weatherhead (NAFSIYAT), Gloria Saffrey-Powel (CARIS Haringey) and Julia Hutt (Haringey MS Society).

Overview

Cathy Herman, Network Chair, welcomed everyone to the meeting and went through the agenda for the afternoon.

Catherine Swaile, Children's Commissioning Manager at Haringey CCG led a presentation on some of the work being done locally to improve access to services for children and young people who need mental health support.

Fuad Buraimoh, Service Manager at CHOICES, spoke about the service which supports children and young people's emotional health and wellbeing. He went through how the service has been promoted locally, including to all primary and secondary schools in Haringey.

Emer Delaney, Haringey CCG's interim Head of Communications and Engagement, introduced herself to the Network and spoke about her role. Emer is covering Caroline Rowe's role for a year while the latter is on maternity leave.

Emer was followed by Tony Hoolaghan, Chief Operating Officer for Haringey and Islington CCGs, who also introduced himself to the Network and gave a brief overview on his role leading both organisations. He spoke about the vision for health and care services in Haringey and across North Central London (NCL) as part of the NCL Sustainability and Transformation Plan (STP), including new approaches to deliver better services for local residents.

Cathy Herman and Geoffrey Ocen, Bridge Renewal Trust's Chief Executive then provided details about the CCG's upcoming public meetings on Thursday 19 October at the Tottenham Green Leisure Centre. The meetings (a session in the afternoon with a repeat in the

evening) will focus on health issues and areas which local residents / community groups would like to talk about, based on research carried out by Bridge Renewal Trust. Some of the areas include primary care, mental health, care of the elderly and prevention. A member of the Network suggested that North Central London's Sustainability and Transformation Plan be discussed at the public meetings too. Cathy assured the member that this topic will be included. All Network members were encouraged to attend the public meetings.

Cathy Herman then brought the Network meeting to a close and thanked everyone for attending.

This document summarises the discussion and includes responses to the questions that were raised.

CAMHS questions and answers

Questions

- 1. Comparing Haringey with other boroughs, do we have the same percentage of children and young people using mental health services? Are there a lot more children in Haringey with mental health issues?**

National data is not yet complete enough to do detailed comparisons. Prevalence surveys are completed nationally, and the last one was twenty years ago, so we do not know if Haringey has a higher rate. We do know that it is estimated nationally that only 25% of children and young people requiring a service will receive one and Haringey is at 28% across early and specialist help. Our specialist CAMHS services actually see over 100% of the numbers indicated would require a response at that level using the nationally available prevalence data. As

noted, the prevalence data is very out of date and we are expecting NHSE to publish refreshed figures next year.

2. CHOICES in schools sounds like a great idea. But it needs an extensive amount of publicity in order to get the vital message about this service out everywhere. Do you have a publicity budget? How do you publicise the service?

Yes we do have a publicity budget. So far the service has been promoted on social media, we have also worked with community groups, schools and primary care, displayed posters in key places across the borough including Wood Green Mall and a banner by Downhills Park and advertised in the local media. The service has also been featured in Haringey People.

3. What is the difference between the emotional support services offered by Choices and the support services offered by NSPCC for instance?

Choices provide a one off conversation face to face with links into the local community for children and young people with concerns around their mental health. The NSPCC provide a national helpline support for children in crisis whose mental health has been affected by abuse or neglect.

4. How many primary and secondary schools in Haringey have you visited to promote the service?

CHOICES has visited all secondary schools in Haringey and 20 primary schools. All primary and secondary schools have received publicity leaflets and posters through a mail out and were sent electronic PDF versions via e-mail.

5. How are you trying to improve access to mental health support for children and young people? How are you addressing language barriers?

Choices has seen a larger take up in the east of the borough, which is positive in terms of accessing communities that have been less keen to engage with CAMHS. Interpreters are used across NHS services as required. Further information on how we are improving access is available within the [CAMHS Transformation Plan](#).

6. Is CHOICES just a sign-posting service to other services? Do you think that is enough?

Choices provides signposting, early support and self-management tools. Choices in itself is not enough, but it is part of a CAMHS system that then offers short and long term treatment as required.

7. What percentage of CAMHS funding will there be for Tottenham?

Funding is not allocated by ward or area.

8. Where do we provide in patient care for children and young people with mental health conditions? Are they mostly out of the borough?

Barnet, Enfield and Haringey Mental Health Trust provides inpatient services at the Beacons Unit in Barnet. Whittington Health has a unit based in Haringey called Simmons House. Generally these are the first port of call for Haringey inpatient referrals. Children and young people may go further afield for specialist treatment, such as for eating disorders, specialist learning disabilities or autism units or secure units.

9. How much do you think exercise and physical activity links with achieving good mental health and wellbeing?

Exercise and physical activity is key to achieving good mental health and wellbeing. There is a very good podcast available on the topic

<https://www.mentalhealth.org.uk/podcasts-and-videos/exercise-and-mental-health>

CAMHS comments

- Bullying is a big problem in schools. Need to look at how bullying can be prevented, as well as how to manage the issue.
- It is important to engage with mental health advocates about the services available to children and young people, in addition to interpreters.
- Care providers for adults and children who require mental health support are under immense pressure to review care provided almost every month. The carer is asked to re-justify the care package despite already providing evidence and completing assessments, which seems unnecessary.
- Services that have now been scrapped include support for early years children experiencing behavioural issues and prevention of family breakdown. Schools have education, care and health (EHC) plans for children with special education, health and social care needs. If the EHC plan does not include a particular service, then they cannot access it. The services included in their EHC plan has to almost always fall within school budgets.
- Feels like more can be done locally to improve children and young people's mental health and wellbeing by encouraging and linking them into more physical activities.

General

Comments

- Concerns around how the 'Pathway Care Navigator Scheme' will work. Receptionists are not health professionals.