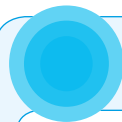


Where can you find local medical help in Enfield or Haringey?



My local pharmacy is

.....
.....



My nearest GP hub is

.....
.....

North Middlesex University Hospital NHS Trust,
Sterling Way London N18 1QX Tel: 020 8887 2000

www.northmid.nhs.uk

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Enfield and Haringey

HELP US HELP YOU

KNOW WHAT TO DO



Think you need medical help right now?
Call 111



Ade Azikiwe, Nurse

When you or your family need urgent medical help, there are lots of options in Enfield and Haringey.



Call 111 for free

To use a **translator**, say the **language** you want to speak in. NHS 111 can arrange for you to speak with a doctor, nurse, emergency dentist, call you an ambulance if you need one, or book you an appointment with a health care professional.



There are **more than 250** pharmacies



across Enfield and Haringey

For coughs, colds, tummy troubles, or help if you need emergency contraception.

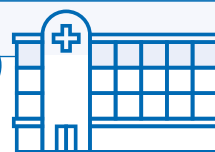
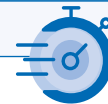


There are **GP appointments** in the evenings and at weekends



at hubs across Enfield and Haringey

Enfield: phone 03000 333 666 (8am-8pm daily)
Haringey: phone 0330 053 9499 (6.30pm-8.30pm, Monday – Friday, and 8am-8pm Saturday and Sunday)



Chase Farm Hospital urgent care centre

It's open 8am – 10pm **7 days a week**

For sprains, strains, and broken bones, minor burns and scalds, minor head and eye injuries, X-rays and blood tests.

Know what to do. Keep A&E for life-threatening emergencies.

Pharmacies

Lots of pharmacies are open late evenings and weekends, including:

- 1 Petteer Pharmacy**
49-51 The Broadway
Crouch End
N8 8DT
020 8340 4772
- 2 Asda Pharmacy**
1 West Mall
Edmonton Green
N9 0AL
020 8884 5310
- 3 Boots**
358 Muswell Hill Broadway
Muswell Hill
N10 1DJ
020 8883 5520
- 4 Med-Chem Pharmacy**
73 Grand Parade
Harringay Green Lanes
N4 1DU
020 8802 4855
- 5 Tesco Pharmacy**
Tesco Extra
1 Glover Drive
Upper Edmonton
N18 3HF
0345 677 9691
- 6 Lloyds Pharmacy**
Inside Sainsburys
681 Green Lanes
Winchmore Hill
N21 3RS
020 8360 0482
- 7 Tesco Pharmacy**
230 High Road
Tottenham
N15 4AJ
0345 677 9659
- 8 Lamis Chemists**
20 Bush Hill Parade
Village Road
Enfield EN1 2HB
020 8360 2212
- 9 Pharmocare**
465 High Road
Tottenham
N17 6QB
020 8808 9092
- 10 Estons Pharmacy**
93 Fore Street
Edmonton
N18 2TW
020 8807 1467

To find another pharmacy near you, visit nhs.uk

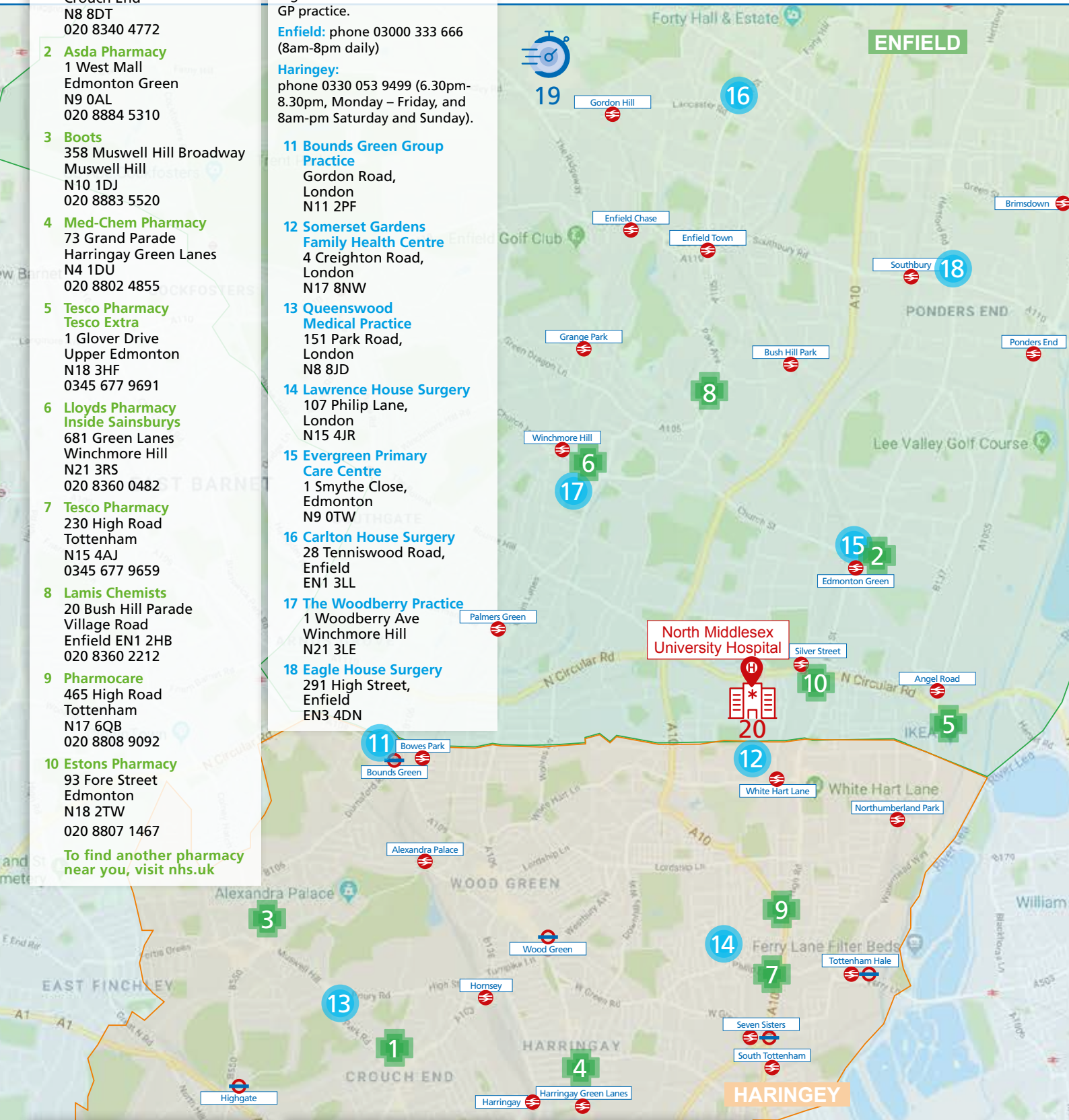
Evening and weekend GP appointments

You can get a GP appointment in the evenings and weekends at these locations, even if you're registered with a different GP practice.

Enfield: phone 03000 333 666 (8am-8pm daily)

Haringey: phone 0330 053 9499 (6.30pm-8.30pm, Monday – Friday, and 8am-8pm Saturday and Sunday).

- 11 Bounds Green Group Practice**
Gordon Road,
London
N11 2PF
- 12 Somerset Gardens Family Health Centre**
4 Creighton Road,
London
N17 8NW
- 13 Queenswood Medical Practice**
151 Park Road,
London
N8 8JD
- 14 Lawrence House Surgery**
107 Philip Lane,
London
N15 4JR
- 15 Evergreen Primary Care Centre**
1 Smythe Close,
Edmonton
N9 0TW
- 16 Carlton House Surgery**
28 Tenniswood Road,
Enfield
EN1 3LL
- 17 The Woodberry Practice**
1 Woodberry Ave
Winchmore Hill
N21 3LE
- 18 Eagle House Surgery**
291 High Street,
Enfield
EN3 4DN



Sexual health services

In **Enfield**,
call 020 8887 4510
or visit
www.echoclinics.nhs.uk

In **Haringey**,
call 020 3317 5252
www.sexualhealth.cnwl.nhs.uk

Urgent care

19 Chase Farm Hospital
Urgent care centre
The Ridgeway,
Enfield
EN2 8JL
020 8375 2999

Emergencies

20 North Middlesex
University Hospital
Sterling Way,
London
N18 1QX
020 8887 2000

HELP US
HELP YOU
KNOW WHAT TO DO